**CLINIFIX CARE SERVICES**

1. Skilled nursing care

Our team of qualified nurses offer an arrary of services which include:

* Critical care
* Medication administration
* Wound care
* Chronic disease management
* IV therapy and injections
* Pain management
* Nutritional support including tube feeding
* Patient and family education

2. Physical therapy/physiotherapy

Our professionals offer:

* Post-surgical rehabilitation: customized exercise plans to restore function and strength after surgery.
* Cardiopulmonary rehabilitation: Exercises to enhance cardiovascular and respiratory health for patients with heart or lung conditions.
* Orthopaedic rehabilitation: Injury recovery and joint replacement therapy.
* Neurological rehabilitation: Exercises to improve movement and function for individuals with neurological conditions like stroke, multiple sclerosis, or Parkinson's disease.
* Sports rehabilitation: Programs designed to improve athletic performance and reduce the risk of sports-related injuries.
* Mobility training: Gait training and assistive devices use such as walkers and crutches.
* Pain management: manual therapy and other modalities to alleviate and promote healing.
* Paediatric physical therapy: Developmental support and play-based therapy.

3. Occupational therapy: Our therapists will help you or your loved one with daily living activities, adaptive equipment training, physical and cognitive rehabilitation, developmental support and play therapy to help keep your loved ones safe, more independent and improve their overall quality of life.

4. Speech therapy : We help you or your loved one with speech, language, and swallowing disorders through tailored therapy sessions.

5. Personal care: Bathing, grooming, meal preparation and light housekeeping to keep you or your loved one comfortable.

6. Palliative care/oncology support : We provide comfort and support to patients with serious illnesses, focusing on quality of life and symptom management.

7. Respite care : We have a team ready to offer temporary relief to primary caregivers by taking over their caregiving duties for a short period.

8. Care Companionship : Our care companions provide social interaction and emotional support to reduce feelings of loneliness and isolation.

9. Nutritional services : Our nutritionists offer dietary counseling and meal planning to ensure patients receive proper nutrition.

10. Counseling/psychotherapy services : We offer mental health support and therapy to help you cope with emotional and psychological issues.

11. Portering services : We assist with the transportation of patients, medical supplies, and equipment to and from your home.

12. Medical Consultation : Get professional medical consultation from our qualified healthcare team at the comfort of your home.

13. Medical equipment : We connect you as a buyer to sellers of affordable (used or new) home healthcare equipments.

14. Medical travel : We help in arranging and facilitating travel for patients who need to visit medical facilities for treatment outside Kenya.

15. Health Talks : Our diverse pool of healthcare professionals is ready to provide valuable information on various health topics, such as nutrition, mental health, and chronic disease management in the comfort of your homes or offices.